

CURRICULUM VITAE

Ann Marie Hernandez, PhD

Clinical Psychologist

Owner

Valiant Mental Health PLLC

219 E. Locust St.

San Antonio, Texas 78212

Office (210) 807-1007

Fax (210) 855-2711

drhernandez@vmhsa.com

Summary of Qualifications

- Licensed clinical psychologist in private practice providing assessment and empirically-supported treatments for Post-Traumatic Stress Disorder (PTSD), mood disorders, and substance abuse disorders to civilians, active-duty service members, veterans, and their dependents
- Certified in Prolonged Exposure, Cognitive Processing Therapy, and Cognitive Behavioral Couples Therapy for PTSD
- Author or co-author of multiple peer-reviewed articles, book chapters, and conference presentations covering combat-related mental and physical trauma, health disparities, suicide, chronic pain, and psycho-oncology
- Expert witness in civil and criminal proceedings
- Graduated from APA accredited doctoral and psychology internship training programs
- Completed two-year postdoctoral fellowship with the STRONG STAR Research Consortium specializing in the treatment of PTSD in military and civilian populations

License

Licensed Psychologist

Texas State Board of Examiners of Psychologists

No. 35185 (2010 – Current)

Education

August 2010 -
July 2012

Postdoctoral Fellowship

South Texas Research Organizational Network Guiding Studies on Trauma and Resilience (STRONG STAR) Research Consortium
University of Texas Health Sciences Center

August 2010

Doctor of Philosophy

Clinical Psychology (APA Accredited)

Psycho-oncology Minor

Purdue University

Dissertation titled “*Illness Representations of Breast Cancer among Hispanics*”

July 2010

Predoctoral Internship

Clinical Psychology (APA Accredited)

South Texas Veterans Health Care System

May 2007 Master of Science
Clinical Psychology (APA Accredited)
Purdue University
Thesis titled “*Depression among Mexican-American Caregivers*”,
Published January 2010

May 2004 Bachelor of Science
Psychology Major, Sociology Minor
University of the Incarnate Word
Summa Cum Laude

EMPLOYMENT HISTORY

Private Practice and Consulting

April 2011 – Present Valiant Mental Health, PLLC
Owner/Director, Licensed Psychologist

- Provide empirically-supported treatments and assessments to individuals, couples, and families in a private practice setting
- Provide court-order psychological evaluations and expert witness testimony for children and adults with a history of trauma

Faculty appointments

August 1, 2012 – Assistant Professor
October 8, 2015 STRONG STAR Research Consortium
University of Texas Health Sciences Center
Division of Behavioral Medicine
Department of Psychiatry- Mail Code 7747
7550 IH10 West, Suite 1325, San Antonio, Texas 78229

- As a research therapist, my primary responsibilities included the provision of Prolonged Exposure, Cognitive Processing Therapy, and Cognitive Processing Couples Therapy across various randomized clinical trials at various military installations. As an Independent Evaluator, I administered and interpreted psychological, personality, and neuropsychological assessments, which include the PTSD Symptom Scale Interview (PSSI), Clinician-Administered PTSD Scale (CAPS), Automated Neuropsychological Assessment Metrics (ANAM), Columbia-Suicide Severity Rating Scale (C-SSRS), and Suicide Attempt and Self-Injury Interview (SASII).
- As the local suicide prevention coordinator, my responsibilities included the development and management of suicide assessment and management standard operating procedures,

assessment, training, and supervision of STRONGSTAR research and clinical staff. My research responsibilities include grant and manuscript writing, submission and management of institutional review board documentation, and management of a wide variety of research projects in the areas of PTSD and suicide prevention.

- My clinical duties included 1) provision of care in a primary care setting which involves formulating diagnostic and treatment recommendations during brief encounters, 1-4 session brief intervention implementation, and supervision of predoctoral residents, postdoctoral fellows, and junior faculty, and 2) provision of time-limited behavioral health interventions for chronic pain, insomnia, obesity, and psychiatric conditions.
- Developed the evidence-based training track for UTHSCSA psychology intern and psychiatry residents with an emphasis on behavioral medicine and PTSD treatment.
- Extensive supervision and training experience with UTHSCSA psychology intern, postdoctoral fellows, and psychiatry residents

July 27, 2010-
July 28, 2012

Postdoctoral Fellow
South Texas Research Organizational Network Guiding
Studies on Trauma and Resilience (STRONG STAR) Research
Consortium
Division of Behavioral Medicine
Department of Psychiatry- Mail Code 7747
University of Texas Health Sciences Center
7550 IH10 West, Suite 1325, San Antonio, Texas 78229
Supervisor: Alan L. Peterson, Ph.D. ABPP
Supervisor Phone Number: (210) 562-6700

STRONG STAR is a multi-disciplinary and multi-institutional research consortium funded by the U.S. Department of Defense (DoD) to develop and evaluate interventions for combat-related posttraumatic stress disorder (PTSD) and common comorbidities in active-duty military personnel, recently discharged veterans, and their dependents in individual, couple, and group treatment modalities. As a research therapist, my primary responsibilities include the provision of Prolonged Exposure, Cognitive Processing Therapy, and Cognitive Processing Couples Therapy across various randomized clinical trials at various military installations. As an Independent Evaluator, I administer and interpret psychological, personality, and neuropsychological assessments, which include the PTSD Symptom Scale Interview (PSSI), Clinician-Administered PTSD Scale (CAPS), Automated Neuropsychological Assessment Metrics (ANAM), Columbia-Suicide Severity Rating Scale (C-SSRS), and Suicide Attempt and Self-Injury Interview (SASII). As the local suicide prevention coordinator, provide suicide assessment, management, training, and supervision of STRONGSTAR research and clinical staff. My research responsibilities include grant and manuscript writing, submission and management of institutional review board documentation, and management of a wide variety of research projects including PTSD and suicide prevention.

June 16 2009
- July 18 2010

Psychology Intern
Audie L. Murphy VA Hospital
7400 Merton Minter Blvd 116B

San Antonio, Texas 78229

Training Director: Emma Mata-Galan, Ph.D.

Training Director Number: (210) 210-617-5121

Sequence of rotations (Supervisor): Neuropsychology (Robin Hilsabeck, Ph.D.), Post-Traumatic Stress Disorder (Hector Garcia, Psy.D.), Primary Care (Crystal Pearson, Ph.D.), Long-Term Individual Psychotherapy (Jeffrey Dersh, Ph.D.)

Responsibilities for the neuropsychology rotation included clinical interviews, review of medical reports, cognitive and personality testing, feedback, and implementation of treatment services on an outpatient basis. Referrals came from medical, surgical, and psychiatric treatment programs. Activities on the Post-Traumatic Stress Disorder rotation included providing time-limited individual and group therapy including Cognitive Processing Therapy (CPT) and Prolonged Exposure (PE). Responsibilities for the Primary Care rotation included brief therapy, group therapy, group medical appointments, and services for diabetes, chronic pain, and psychiatric disorders in a consultative role to a primary care clinic, which utilizes the behavioral health consultation model. Requirements for individual therapy include intensive supervision of a long-term therapy client using a dynamic orientation.

August 1 2008 Academic Student Appointment
- May 29 2009 Fibromyalgia Clinical Research Center
Indiana University, Department of Medicine,
Division of Rheumatology
& IUPUI Department of Psychology
Indiana University School of Medicine
714 N Senate Avenue, EF250
Indianapolis, IN 46202
Supervisor: Silvia M. Bigatti, Ph.D.
Supervisor Phone: (317) 274-6754

Enhanced therapeutic skills by working with a chronic pain population and learned to effectively use Cognitive Behavioral Therapy (CBT) for management of pain symptoms using the *Managing Chronic Pain: A Cognitive-Behavioral Therapy Approach* manual by John Otis as part of a pilot study (*A Pilot Study on the Use of Nociceptive Flexion Reflex for Fibromyalgia*). Conducted 6 CBT-based phone interviews with each of 15 patients over a 6-week time period. Outcome assessments (i.e., self-report symptom questionnaires, plasma neuropeptide levels and NFR) were performed at baseline, week 6 and week 12. Met weekly with supervisor and reviewed multiple audiotaped CBT sessions and developed fidelity assessment.

May 2008 Practicum Student
- September 2008 Complete Life Psychosocial Oncology Team
Indiana University Simon Cancer Center (IUSCC)
535 Barnhill Drive
Indianapolis, IN 46202
Supervisor: Shelley Johns, Ph.D.
Supervisor Phone: (317) 630-7690

Worked as a member of a multi-disciplinary team of psychologists, psychiatrists, social workers, nurses, and oncologists in the psychosocial management of cancer. Provided individual counseling to cancer patients and family members in inpatient and outpatient settings. Conducted medication screenings for a psychiatric nurse practitioner. On-call at all times for crisis intervention. Assisted patients with adjustment to illness, management of treatment side effects, and preparation for future medical procedures. Maintained clinical hours at outpatient clinic and made rounds for patients at the hospital for extended chemotherapy and treatment lasting over several weeks. Participated in weekly individual and biweekly group supervision. Developed cognitive behavioral and general therapeutic skills by providing counseling to cancer patients and their families. Met weekly with supervisor and psychosocial team for independent and group supervision.

September 2007 Practicum Student
- May 2008 Larue D. Carter Memorial Hospital
 2601 Cold Spring Rd
 Indianapolis, IN 46222-2202
 Phone (317) 941-4050
 Supervisor: Joan Farrell, PHD

Worked with specialized unit for Borderline Personality Disorder comprised of long-term psychiatric inpatients. Conducted psychiatric evaluations and individual therapy focused on distress management and coping. Led or co-facilitated Psychoeducation, Schema Therapy, Borderline Personality Disorder Awareness, Skills, and Empowerment (BASE), Goal Setting, and Interpersonal Skills groups. Weekly supervision was in both individual and group format. Participated in assessment, treatment planning, and weekly multidisciplinary rounds with psychiatrists, psychologists, social workers, and nurses. Attended multidisciplinary treatment team and community meetings. Developed applied behavioral treatment plans and consulted with nursing staff. Received training in personal safety and safely neutralizing aggressive patients. Met weekly with supervisor to review treatment plans, report writing, and prepare for group therapy sessions.

June 2006 Practicum Student
- January 2007 Indiana University, Department of Medicine
 Division of Rheumatology
 & IUPUI Department of Psychology
 Supervisor: Silvia M. Bigatti, Ph.D.

Enhanced therapeutic skills by working with a chronic pain population and used Motivational Interviewing (MI) to encourage exercise. Participated with rheumatologists and physical fitness instructors to create tailored exercise programs for women with fibromyalgia who were considering using exercise to facilitate pain management. Conducted 6-7 MI-based phone interviews with each patient over a 6 month time period. Six months follow-up data was collected on patient adherence to exercise and changes in pain. Met weekly with supervisor and reviewed multiple audiotaped MI sessions.

September 2005 Practicum Student
- December 2006 Psychiatry Department
Indiana University Hospital, Indiana School of Medicine
Indianapolis, IN
Supervisor: Dan Rexroth, Psy.D.

Enhanced skills in assessment on an outpatient basis. Conducted clinical interviews, test administration using a battery of neuropsychological assessments (ex. WAIS-III, WMS, and CERAD), data interpretation, and report writing for diagnosis, treatment planning, and pre-surgical evaluation. Assisted in feedback sessions. Clients ranged in age from 18 to 91 years. Met with supervisor weekly to review previously prepared integrative reports for referring physicians and discuss didactic reading assignments.

Research experience

August 2011 – VMED Scholar
August 2013 Mentors: Cindy Claasen, PhD, ABPP
 Alan Peterson, PhD, ABPP
 Craig J. Bryan, PhD, ABPP

Scholar: Created Academic Development Plan, collaborated on suicide-specific research projects, and attended weekly didactics under the supervision of suicide researchers.

June 2011- National Institute of Health LRP Fellow
June 2013 University of Texas Health Sciences Center San Antonio
Supervisors: Alan Peterson, PhD, ABPP
 Craig J. Bryan, PhD, ABPP

Investigator: Researching the predictive validity of the Implicit Association Test of Suicidality (IAT-S) among active duty military service members in conjunction with the STRONGSTAR Research Consortium and University of Texas Health Care System at San Antonio.

August 2007 Department of Psychology, IUPUI
- May 2009 Health Psychology Lab
 Chair: Silvia M. Bigatti, Ph.D.

Dissertation Research: My dissertation examined the illness representation of cancer among Hispanics. Examination of the influence of cultural, intrapersonal, and demographic determinants on illness representations of cancer will be explored. My dissertation was defended in May 2010. I am responsible for all aspects of data collection, scoring, and analysis. Much of the data collection will be in Spanish.

January 2006 Department of Psychology, IUPUI
- May 2009 Health Psychology Lab
Supervisor/Principal Investigator: Silvia M. Bigatti, Ph.D.

Grant Manager: Managed National Cancer Institute funded study investigating breast cancer patients and their spouses (*Dyadic Analysis to Explain Distress in Couples*). Questionnaire preparation, collection, coding, entry; follow-up of participants for complete data and payment; IRB; data cleaning, preparation, and analyses; chart review for collection of data. Supervision of bachelor's and master's level research assistants.

August 2006 School of Nursing
- August 2008 Indiana University School of Medicine
Supervisor: Silvia M. Bigatti, Ph.D.
Kim Wagler-Ziner, RN, Ph.D.

Behavioral Oncology Recruiter: Recruited breast cancer patients for quality of life research studies at the Indiana University Cancer Center funded by the National Cancer Institute during regular oncology clinics. Studies investigated quality of life among young and older breast cancer survivors, sexual function of couples coping with cancer, hot flashes, and couples adjustment to cancer. Collaborated with PIs to determine the most efficient and effective recruiting mechanisms in various clinical settings.

January 2006 Department of Psychology, IUPUI
- August 2007 Chair: Silvia M. Bigatti, Ph.D.

Master's Thesis Research: This study compared depression levels between older Mexican-American caregivers and noncaregivers while controlling for confounds identified but not controlled in past research. Results suggested that even after controlling for age, gender, socioeconomic status, self-reported health, and acculturation, caregivers reported higher scores on the CES-D and were more likely to score in the depressed range than noncaregivers. Caregiving status, health, and caregiver burden were found to significantly predict depression scores. This study suggests that the development of interventions for this population at risk of high rates of depressive symptoms is imperative. This manuscript was accepted for publication in the APA journal *Cultural Diversity and Ethnic Minority Psychology* (2010).

Teaching experience

Fall 2012 Supervisor and Proctor: Department of Psychiatry, UTHSCSA
Developed an evidence-based track for psychology and psychiatry residents, which emphasizes research-based approaches to treatment of combat-related psychiatric disorders. Provide weekly supervision to assigned residents.

Fall 2012 Guest Lecturer: Department of Psychiatry, UTHSCSA
Guest lecture on the topic of anxiety and CBT Seminars for psychiatry residents

Fall 2012 Guest Lecturer: Department of Psychology, University of Texas at San Antonio present. Guest lecture on the topic of suicide in the military for

doctorate level students.

- Fall 2011-
Fall 2013 Adjunct Faculty: Department of Psychology, University of the Incarnate Word. Instructor for multiple undergraduate psychology courses including Introduction to Psychology, Health Psychology, and Human Sexuality utilizing both in-class and on-line instructional tools.
- Spring 2009 Stress & Health (B365) Instructor: Department of Psychology, IUPUI. Provided 48 undergraduates with an introduction to health psychology utilizing both in-class and on-line instruction using Oncourse. This included management of discussion forums, online assignments, gradebook, and dissemination of effective and useful communication in a timely manner. Mean global rating score 4.65 out of 5.
- Fall 2007 Seminar in Teaching Psychology: Provided doctoral students with an introduction to important theories of teaching and focused on the practicalities of how to implement theories of teaching as well as how to appropriately assess student knowledge. The course also reviewed how to help motivate students, generate creativity and discussion within the classroom, and set appropriate boundaries/structure within the classroom.
- Spring 2006 &
2007 Graduate Teaching Assistant: Department of Psychology, Indianapolis University – Purdue University Indianapolis. Served as graduate assistant for a psychology capstone and Stress and Health courses. Duties included lecturing on research methodology and grading assignments and providing feedback in a timely manner. Effectively managed online components of the course including, but not limited to, discussion boards, grade book, and instructional materials. Supervisor: Silvia M. Bigatti, Ph.D.
- Fall 2006 Preparing Future Faculty (PFF) Participant: This program prepares future faculty members by training them in teaching strategies and the use of technological advances for assisting in teaching. Grant writing preparation and submission programs are also providing, as well as navigation of the

Published manuscripts

- Hernandez, A.M. (2015). What we know and don't know about the treatment of suicide. In C.J. Bryan (Ed.), *A Guide to Brief Cognitive Behavioral Treatments Across Clinical Settings*. Oxon: UK: Routledge.
- Clemans, T. A., Hernandez, A. M., Bryan, C. J. (2017). Combat experience and the acquired capability for suicide. In G. Sullivan, L. James, & B. Bongar (Eds.), *The Oxford Handbook Of Suicide In Military And Veteran Populations*. New York, NY: Oxford University Press.

- Bryan, C.J., McNaughton-Cassill, M., Osman, A, Hernandez, A.M., & Allison, S., (2013). The associations of physical and sexual assault with suicide risk in nonclinical military and undergraduate samples. *Suicide and Life-Threatening Behavior*, 43(2),223-34.
- Bryan, C. J., Elder, W. B., McNaughton-Cassill, M., Osman, A., Hernandez, A. M., & Allison, S. (2013). Life meaning following combat among Air Force security forces personnel. *Military Psychology*, 25(4), 354.
- Bryan, C. J., Elder, W. B., McNaughton-Cassill, M., Osman, A., Hernandez, A. M., & Allison, S. (2013). Meaning in life, emotional distress, suicidal ideation, and life functioning in an active duty military sample. *The Journal of Positive Psychology*, (ahead-of-print), 1-9.
- Bryan, C. J., & Hernandez, A. M. (2013). The functions of social support as protective factors for suicidal ideation in a sample of Air Force personnel. *Suicide and Life-Threatening Behavior*, 43(5), 562-573.
- Bryan, C. J., Clemans, T. A., Hernandez, A. M., & Rudd, M. D. (2013). Loss of consciousness, depression, posttraumatic stress disorder, and suicide risk among deployed military personnel with mild traumatic brain injury. *The Journal of Head Trauma Rehabilitation*, 28(1), 13-20.
- Bryan, C. J., Hernandez, A. M., Allison, S., & Clemans, T. (2013). Combat exposure and suicide risk in two samples of military personnel. *Journal of Clinical Psychology*, 69(1), 64-77.
- Bryan, C. J. & Hernandez, A. M. (2012). Magnitudes of decline on automated neuropsychological assessment metrics subtest scores relative to predeployment baseline performance among service members evaluated for traumatic brain injury in Iraq. *The Journal of Head Trauma Rehabilitation*, 27(1), 45-54.
- Bryan, C.J., Clemans, T., & Hernandez, A.M. (2012). Loss of consciousness, depression, and PTSD are associated with suicidality among deployed service members with mild traumatic brain injury (mTBI). *Journal of Head Trauma Rehabilitation*, 28(1), 13-20.
- Hernandez, A.M. & Peterson, A., (2012). Musculoskeletal disorders and pain. In R.J. Gatchel & I.Z. Schultz (Eds.), *Handbook of Occupational Health and Wellness* (63-85). New York, NY.
- Bryan, C.J., Clemans, T.A., & Hernandez, A.M. (2012). Perceived burdensomeness, fearlessness of death, and suicidality among deployed military personnel. *Personality and Individual Differences*, 52, 374-379.
- Bryan, C. J., & Hernandez, A. M. (2011). Predictors of post-traumatic headache severity among deployed military personnel. *Headache: The Journal of Head and Face Pain*, 51(6), 945-953.

- Bigatti, S., Steiner, J.L., Makinabakan, N., Hernandez, A.M., Johnston, E., & Storniolo, A.M. (2011). Matched and mismatched cognitive appraisals in patients with breast cancer and their partners: implications for psychological distress. *Psycho-oncology*. doi: 10.1002/pon.2028. 21(11):1229-36
- Steiner, J.L., Bigatti, S.M., Hernandez, A.M., Lydon-Lam, J.R. & Johnston, E. (2010). Social support mediates the relations between role strains and marital satisfaction in husbands of patients with fibromyalgia syndrome. *Family Systems and Health*, 28(3), 209-223.
- Hernandez, A.M. & Bigatti, S.M. (2010). Depression among older Mexican American caregivers. *Cultural Diversity and Ethnic Minority Psychology*, 16, 50-58.
- Bigatti, S.M., Hernandez, A.M., Cronan, T.A., & Rand, K.L. (2008). Sleep disturbances in fibromyalgia: Relations to pain and depression. *Arthritis Care and Research*, 59, 961-967.
- Hernandez, A. M., Sledge, G. W., Bigatti, S. M., Johnson, E., & Sweat, L. (2008, March). Differences in cognitive appraisals between initial diagnosis and recurrent breast cancer patients. *Annals Of Behavioral Medicine*, 35, S151-S151.
- Hernandez, A. M., & Bigatti, S. M. (2007). Appraisals, coping and distress among couples dealing with breast cancer. *Breast Cancer Research And Treatment*, 106, S75-S75.
- Hernandez, A. M., Lee, T., & Bigatti, S. (2007,). Caregiver burden predicts well-being in husbands of breast cancer patients. *Psycho-Oncology*, 16(3), S40-S40.
- Hernandez, A. M., Bigatti, S. M., & Cronan, T. A. (2007). Sleep disturbances in fibromyalgia: relations to pain and depression. *Annals Of Behavioral Medicine*, 33, S61-S61.
- Hernandez, A. M., Bigatti, S., & Lopez, L. (2007). Mammography screening in Latino women: Using the health beliefs model. *Psycho-Oncology*, 16(3), S53-S54.
- Lydon, J., Hernandez, A. M., & Bigatti, S. M. (2007). Marital Satisfaction in husbands of patients with Fibromyalgia syndrome. *Annals Of Behavioral Medicine*, 33, S182-S182.

Paper presentations

- Clemans, T.A., Bryan, C.J., Hernandez, A.M., & Rudd, M.D. (2012). *Predictors of suicidal behaviors among deployed service members with mild traumatic brain injury (mTBI)*. Paper presented at the annual meeting of the American Association of Suicidology, Baltimore, MD.
- Bryan, C.J., Clemans, T.A., & Hernandez, A.M. (2012). *Perceived burdensomeness, fearlessness of death, and suicidality among deployed military personnel*. Paper presented at the 45th Annual Conference of the American Association of Suicidology, Baltimore, MD.

- Velásquez, J.M., Hernandez, A.M., Salinas, C., Schneegans, S., & Vontur, M. (2005, May). *From classroom to service-learning to agency change: How undergraduates can shape socially responsive agencies*. Paper presented at the Psychologists for Social Responsibility Conference, Lewis & Clark College, Portland, OR.
- Velásquez, J.M., Hernandez, A.M., & Garcia, J.C. (2004, November). *Hypnotizability of patients with chronic back pain*. Paper presented at the National Conference of Undergraduate Research, Indianapolis, IN & the Sixth Annual Texas National McNair Scholars Research Conference in Denton, TX.
- Velásquez, J.M., Hernandez, A.M., & Garcia, J.C. (2004, April). *Hypnotizability of patients with chronic back pain*. Paper presented at the Western Psychological Association Conference, Phoenix, AZ.
- Velásquez, J.M., Hernandez, A.M., Vontur, M., & Schneegans, S. (2004, April). *Effectiveness of parent training/mentoring, and school consultation on academic performance in a community based partnership*. Paper presented at the Western Psychological Association Conference in Phoenix, Arizona.

Panel Sessions

- Bryan, C.J., Hernandez, A.M., Monteith, L., & Clemans, T.A. (2013). *Sexual assault and suicidality among military service members and veterans*. Panel session presented at the American Association of Suicidology 46th Annual Conference, Austin, TX.
- Hernandez, A. M., Malach, S., Monson, C., & Donahue, D. (2011). *Cognitive-behavioral conjoint therapy (CBCT) for posttraumatic stress disorder (PTSD) in military couples*. Panel session presented at the International Society for Traumatic Stress Studies in Baltimore, Maryland.

Invited professional presentations

- Hernandez, A.M. (2012). *Suicide correlates in refugees*. Research Presentation at Center for Refugee Services, San Antonio, TX.
- Hernandez, A.M. (2012). *Suicide in the military*. Research Presentation at SAMMC Suicide Prevention Phase I Event, San Antonio, TX.
- Hernandez, A.M. (2011). *Suicide in the military*. Research Presentation at SAMMC Suicide Prevention Phase II Event, San Antonio, TX.
- Bigatti, S.M., Hernandez, A.M., & Johnston, E. (2009). *Cancer and couples. Can we understand one without the other?* Research Presentation at the IU Cancer Center CRO Educational Series, Indianapolis, Indiana.

- Bigatti, S.M. & Hernandez, A.M. (2009). *psychosocial characteristics of cancer patients and their husbands*. Research Presentation made to MRISP Scholars Program, San Diego State University, San Diego, California.
- Bigatti, S.M. & Hernandez, A.M. (2008, May). *Breast cancer and couples*. Research Presentation made to the Indianapolis VA Medical Center and the Cancer Control Program of the Indiana University Cancer Center, Indianapolis, IN.
- Johnston, E.L., Hernandez, A.M., Sledge, G.W., & Bigatti, S.M. (2008, February). *Depression in advanced breast cancer patients: The role of relational variables*. Invited presentation at the 2008 IUPUI Foundation Luncheon, Indianapolis, IN.
- Velásquez, J.M., Hernandez, A.M., Schneegans, S., & Vontur, M. (2004, April). *How university and community partnerships meet APA (2002) undergraduate goals and outcomes*. Presentation at the Western Psychological Association Conference, Phoenix, AZ.
- Velásquez, J.M., Hernandez, A.M., & Salinas, C. (2002, December). *Strategic and tactical approaches to managing construction and teaching activities for a Department of Housing & Urban Development, Hispanic Serving Institutions Assisting Communities grant*. Invited address to HUD HSIAC New Directors Conference, Washington, D.C.
- Velásquez, J.M., & Hernandez, A.M. (2002, December). *Strategic and tactical approaches to managing construction and teaching activities for a Department of Housing & Urban Development, Hispanic Serving Institutions Assisting Communities grant*. Invited presentation to the National HUD HSIAC Directors Meeting, Office of University Partnerships, San Antonio, TX.

Poster presentations

- Hernandez, A.M. (2013). *Suicidality among traumatized refugees: The role of moral injury, guilt, and PTSD*. Poster presented at the American Association of Suicidology 46th Annual Conference, Austin, TX.
- Blount, T., Raj, J., Ford, H.L., Hernandez, A.M., Mintz, J., Brian Creasy... Roache, J.D. (2013). *Does symptom severity predict drop-out rates in dual diagnosis ptsd and alcohol dependence treatment in military veterans?* Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, Nashville, TN.
- Blount, T., Raj, J., Ford, H.L., Hernandez, A.M., Mintz, J., Brian Creasy... Roache, J.D. (2013). *Does temperament and war era predict treatment dropout rates in dual diagnosis PTSD and alcohol dependence treatment in military veterans?* Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, Nashville, TN.
- Clemans, T.A., Bryan, C.J., Hernandez, A.M., & Rudd, D. (2011). *Loss of consciousness, depression, and PTSD are associated with suicidality among deployed service members*

- with mild traumatic brain injury (mTBI)*. Poster presented at the Association of Behavioral and Cognitive Therapies Annual Conference, Toronto, Canada.
- Hernandez, A.M. & Bryan, C.J. (2011). *Psychological and physical predictors of suicidal ideation among a nonclinical security forces population*. Poster presented at the American Association of Suicidology 45th Annual Conference, Baltimore, Maryland.
- Hernandez, A.M. & Bigatti, S.M. (April, 2011). *Illness representations of breast cancer among Hispanics*. Poster presented at the Society of Behavioral Medicine's 32nd Annual Meeting and Scientific Sessions, Washington, D.C.
- Johnston, E.L., Hernandez, A.M., Sledge, G.W., & Bigatti, S.M. (2009). *Depression in advanced breast cancer patients: The role of relational variables*. Poster presented at the Society of Behavioral Medicine's 30th Annual Meeting and Scientific Sessions, Montreal, Canada.
- Johnston, E.L., Wagner, C.D., Hernandez, A.M., Sledge, G.W. & Bigatti, S.M. (2009). *Matching of cognitive appraisals and the psychological impact on couples facing advanced breast cancer*. Accepted poster presentation at the Multinational Association of Supportive Care in Cancer, Rome, Italy.
- Johnston, E.L., Hernandez, A.M., Wagner, C.D., Miller, K. D., & Bigatti, S.M. (2009). *Primary cognitive appraisals and the impact on illness adjustment, psychological distress, perceived social support and marital satisfaction in advanced breast cancer couples*. Accepted poster presentation at the International Psycho-Oncology Society, Vienna, Austria.
- Johnston, E.L., Hernandez, A.M., Sledge, G.W., & Bigatti, S.M. (2009, March). *Depression in advanced breast cancer patients: The role of relational variables*. Poster presentation at the Society of Behavioral Medicine's 30th Annual Meeting and Scientific Sessions, Montreal, Canada.
- Hernandez, A.M., Bigatti, S.M., Sledge, G.W., Johnson, E. & Sweat, L. (2008, March). *Differences in cognitive appraisals between initial diagnosis and recurrent breast cancer patients*. Poster session presented at the Society of Behavioral Medicine's 29th Annual Meeting and Scientific Sessions, San Diego, CA.
- Lydon, J.R., Hernandez, A.M., Miller, K., & Bigatti, S.M. (2008, March). *Religious coping predicts psychological distress and marital satisfaction in husbands of breast cancer patients*. Poster session presented at the 29th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.
- Johnston, E.L., Hernandez, A.M., Sledge, G.W., & Bigatti, S.M. (2008, March). *Predictors of marital satisfaction in breast cancer patients and their partners*. Poster session presented at the 29th Annual Meeting of the Society of Behavioral Medicine, San Diego, CA.

- Hernandez, A.M. & Bigatti, S.M. (2007, December). *Appraisals, coping and distress among couples dealing with breast cancer*. Poster session presented at the 30th Annual San Antonio Breast Cancer Symposium, San Antonio, TX.
- Lydon, J.R., Hernandez, A.M., & Bigatti, S.M. (2007, March). *Marital satisfaction in husbands of patients with fibromyalgia syndrome*. Poster session presented at the 28th Annual Meeting of the Society of Behavioral Medicine, Washington, D.C.
- Hernandez, A.M., Bigatti, S., Cronan, T.A. (2007, March). *Sleep disturbances in fibromyalgia: Relations to pain and depression*. Poster session presented at the Society of Behavioral Medicine's 28th Annual Meeting and Scientific Sessions, Washington, D.C.
- Hernandez, A.M., Bigatti, S.M., & Lopez, L. (2007, March). *Mammography screening in Latino women: Using the health beliefs model*. Poster session presented at the American Psychosocial Oncology Society (APOS) 4th Annual Conference, Austin, TX.
- Hernandez, A.M., Lee, T.S., & Bigatti, S.M. (2007, March). *Caregiver burden predicts well-being in husbands of breast cancer patients*. Poster session presented at the 4th Annual Conference of the American Psycho-Oncology Society, Austin, Texas.
- Hernandez, A.M., Steffens, R., Bigatti, S. (2007, March). *Depression among Mexican-American caregivers*. Poster session presented at the Society of Behavioral Medicine's 28th Annual Meeting and Scientific Sessions, Washington, DC.
- Hernandez, A.M., & Bigatti, S.M. (2006, April). *Relationship between fatalism, perceived health, and breast cancer beliefs among Hispanic women*. Poster session presented at the 7th Annual IUPUI Symposium Highlighting the Research of Faculty, Staff, and Students of Color, Indianapolis, IN.
- Hernandez, A. M. & Bigatti, S.M. (2006, April). *The relationship between fatalism and perceived health and breast cancer beliefs among Hispanic women*. Poster session presented at the Indiana Psychological Association Conference, Indianapolis, IN.

Manuscript/book reviewer

Journal of Consulting and Clinical Psychology
 Journal of Anxiety Disorders
 Pain Practice
 American Association of Suicidology

Professional Memberships

2018- present Texas Association of Addiction Professionals (TAAP)
 2011- present Association for Behavioral and Cognitive Therapies
 2011- present American Association of Suicidology

2011- present International Society for Traumatic Stress Studies
 2010- present Cancer and Therapy Research Center at UTHSCSA
 2009- present APA Division 18- Psychologists in Public Service
 2009- present Bexar County Psychological Association
 2008- present American Association of Hispanics in Higher Education
 2008- present APA Division 38- Health Psychology
 2007- present National Latino Psychological Association
 2007- present APA Division 45 Society for the Psychological Study of Ethnic Minority Affairs
 2006- present Midwestern Psychology Association
 2006- present American Psycho-Oncology Society
 2005- present American Psychological Association
 2005- present Society for Behavioral Medicine

Workshops/Conferences Attended

2018 Texas Association of Addiction Professionals (TAAP) State Conference
 2018 ClarityCon A Summit on Children's Mental Health
 2013 Physicians for Human Rights Conference
 2013 American Association of Suicidology
 2012 NIH regional conference
 2012 Texas Suicide Prevention Symposium
 2012 Prolonged Exposure Therapy EBT for Post Traumatic Disorder Workshop (Edna Foa, Ph.D)
 2011 Cognitive Behavioral Couples Treatment Master Clinician Training
 2011 International Society for Traumatic Stress Studies
 2011 Society of Behavioral Medicine Annual convention
 2011 Texas Suicide Prevention Symposium
 2011 Automated Neuropsychological Assessment Metrics (ANAM) Workshop
 2010 Blue Ribbon Task for on Military Working Dogs with C-PTSD
 2010 National Latino Psychological Association
 2010 Conducting Clinical Research (UTHSCSA)
 2010 Cognitive Processing Therapy Training Workshop for Military-related PTSD Workshop (Patricia Resisk, Ph.D.)
 2010 Bexar Country Psychological Association – Psychological, Cultural, & Spiritual Implications of PTSD in Mexican American Male
 2010 Prolonged Exposure Therapy EBT for Post Traumatic Disorder Workshop (David Riggs, Ph.D. & Alan Peterson, Ph.D)
 2010 National Trauma Institute Symposium
 2009 Association of VA Psychologist Leadership Conference
 2009 Acceptance of Commitment Therapy Workshop
 2008 Behavioral Cooperative Oncology Group 2008- Data Analysis Training Institute of Connecticut (David Kenny and Stephanie Milan)
 2007 Motivational Interviewing Workshop
 2007 Behavioral Cooperative Oncology Group- An association of behavioral scientists which provides training opportunities for current and future behavioral scientists in the field of behavioral oncology.

2006-2011 Society of Behavioral Medicine Annual convention
 2006, 2007 American Psycho-oncology Society Annual Convention
 2006 7th Annual IUPUI Symposium Highlighting the Research of Faculty, Staff, and Students of Color
 2006 CIC Institutions Summer Research and Graduate School Forum
 2005 National Conference for Undergraduate Research
 2004 Western Psychological Association Annual Convention

Awards/Honors/Fellowships

2013 Suicide Research Training Institute
 2013 VMED Travel Award
 2011 National Institutes of Health (NIH) Clinical Loan Repayment Program (LRP)
 2010 Ronald E. McNair Scholar Research Symposium, Keynote Address
 2010 Purdue School of Graduate Studies Dissertation Award
 2009 American Psychological Association, Division 38 Student Research Award
 2009 IUPUI School of Science Quittner Dissertation Award
 2008 Psi Alpha Omega, National Honor Society in Psychology for Students of Color and Students Interested in the Study of Ethnic and Cultural Issues
 2007-2010 National Cancer Institute Behavioral Oncology Pre-doctoral Fellowship (R25)
 2005-2010 Alliance for Graduate Education and the Professoriate Scholar (AGEP Scholar)
 2005- 2007 Dean's Science Fellowship
 2004 University of the Incarnate Word Outstanding Achievement of Psychology Award
 2004 Kappa Gamma Pi, National Catholic College Graduate Honor Society
 2003 The Society of Success and Leadership
 2002-2004 Ronald E. McNair Scholar
 2001-2004 League of United Latin American Citizens Rey Feo Scholarship
 2001-2004 Psi Chi, National Psychology Honor Society
 2002-2004 Alpha Chi Honor Society, National College Honor Society
 2000-2004 University of the Incarnate Word Endowed Scholarship
 2000-2004 University of the Incarnate Word Academic Scholarship
 2000-2004 The Charles, Lela, and Mary Slough Foundation Scholarship
 2000-2004 University of the Incarnate Word Dean's List
 2000-2004 National Dean's List
 2000-2004 Sigma Lambda Delta Honor Society
 2000-2004 Who's Who among American Colleges and Universities
 2000 Alpha Lambda Delta, First Year Student Honor Society